

APEF: PERIODIC SURVEY - 2003

Observation of results

Sent by Sister Andrée

Date: 20.05.2003

Name of Hospital / Clinic / Centre:	Emmaus Clinic, Djilas
Address:	B.P. 73 Thiadiaye Djilas Senegal
Person in charge:	Sister Andrée Lamiche Congregation St Thomas de Villeneuve

1) TO WHOM DO YOU GIVE LUCERNE LEAF CONCENTRATE (LLC)?

- ✓ Children - Number: 140
 - Age: From weaning to 15 years old

- ✓ Mothers - Number: 140
 - Age: 20 – 45 years

- Others -
 -

2) HOW DO YOU USE LLC?

- ✓ Eaten as received (semolina) or after milling/grinding (flour)
 - Added to food

- ✓ Size of portion per recipient
 - 5g for children; 15 g for adults

- ✓ How is the LLC given? (e.g. mixed with ...)
 - Mixed with soup for the majority of children, and with daily food for the adults

- ✓ Do you increase the quantities from the start of the programme? How?
 - ___ dose or less until we reach the recommended dose

3) IN WHAT CIRCUMSTANCES DO YOU GIVE LLC?

- ✓ Malnutrition: Light (1st degree)
 Moderate (2nd degree)
 Severe (3rd degree)
 Kwashiokor
 Marasmus

- ✓ Illnesses: Anaemia
 Diarrhoea

- ✓ Other reasons: Rickets, retarded weight increase in children, maternal fatigue

4) WHAT ARE THE OBSERVED POSITIVE EFFECTS?

- ✓ Children (age):
 - Improvement in vitality
 - Regain appetite
 - Regain weight
 - In babies whose mothers take LLC, faster increase in weight
- ✓ Mothers:
 - Increase in breast-milk: very satisfactory in some mothers; satisfactory in the rest
- ✓ Others:
 - elderly people are tired

5) HOW LONG BEFORE POSITIVE RESULTS ARE OBSERVED?

Start of improvement: a few weeks for children
Attainment of satisfactory result: a few days for increase in breast-milk

6) HAVE YOU WITNESSED ANY NEGATIVE EFFECTS?

- No
- Yes, in the following cases:
 - ✓ At the start: refusal at start of use
 - ✓ Later:
 - ✓ Details
 - ✓ Duration

7) YOUR PERSONAL OPINION (on LLC and its use)

Favourable. I think it would be good to run workshops in the villages to obtain a better awareness of the use of LLC.

8) OPINION OF MEDICAL PROFESSIONALS?

The nurses, the women who measures people's weight in the villages, are more and more interested and encourage the mothers for themselves and their children.

9) YOUR PROJECTS AND FUTURE NEEDS

Build awareness-raising projects

And perhaps offer financial incentives to the people who run the workshops

It is necessary to know who LLC will be taken forward to launch the project

Issued on: 20 May 2003
Name: Sister Andrée